NOW WHAT

You've broken the law. You've been drinking and you're under 21. Now what?



DO NOT attempt to drive yourself home, even if you think you're okay.



Ask a friend who hasn't had any alcohol to give you a ride. A designated driver is the person who has had NO alcohol.



If you and all your friends have been drinking, call a parent, older sibling or even a rideshare service. Everyone will be glad you chose the safe way home.



If you've been drinking at a friend's house, staying where you are is always safer than gambling with your own life and the lives of others.



See a friend stumbling to their car? Get their keys and find them a safe way home. You could be saving their life.

IT ALL ADDS UP

No matter what your drink of choice is (beer, wine or hard liquor) you will be affected.







5 ozs of table wine 12% alcohol



1.5 ozs whiskey 80-proof liquor

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What you should know

MINOR LAWS MAJOR CONSEQUENCES

Underage drinking is against the law.





Under Missouri's Zero Tolerance Law your license will be suspended if you're caught driving with even a trace of alcohol in your system – that means less than one drink can put you over the edge.



YOU'VE GOT TOO MUCH TO LOSE



Fines, lawyer fees, higher insurance costs – a DWI can cost you thousands of dollars plus jail time and weekends tied up with community service. You could be kicked off the sports team, possibly kicked out of school, and lose your chance at college or a particular career.

ALCOHOL AFFECTS

Alcohol is a powerful drug, medically classified as a depressant. Even small amounts of alcohol can affect you.



Alcohol is quickly absorbed into the bloodstream because it doesn't need to be digested.



Alcohol affects you physically. It's like an anesthetic, slowing your reflexes and affecting your coordination – essentially dulling your brain.



Alcohol stops you from being on top of your game. It causes drowsiness, slows reaction time, and impairs your vision and judgement.